

# Inside the Beltway

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## NEVER SAY 'NYET'

Of interest, perhaps, to military strategists and the psy-ops crowd. The proverbial "brooding," moody Russians are less depressed and "distressed" than Americans, according to a psychological study released Wednesday by the University of Michigan.

"Among Westerners, focusing on one's negative feelings tends to impair well-being, but among Russians, that is not the case," says lead author **Igor Grossmann**, who is a Ukraine native. "Russians focus more on their negative feelings than Americans do, but they spontaneously distance themselves from their emotions to a greater extent than Americans, who tend to immerse themselves in their recalled experiences."

The research will be published in the August issue of "Psychological Science," an academic publication, and was conducted with funding from the National Institute of Mental Health.

## THAT WAS QUICK

It was the horn heard 'round the world. "Vuvuzela" - the infamous, B-flat pitched, plastic noisemaker that damaged eardrums throughout the FIFA World Cup in recent days - has been placed into the English lexicon of the Global Language Monitor. The word was used 2,450 times in the New York Times alone, says **Paul Payack**, president of the Texas-based group that monitors the course of "Global English" and word popularity

The organization says "vuvuzela" has appeared more than 6 million times in press accounts in recent days.

But will the horn resonate with American political parties? The vuvuzela has yet to win fans among Democrats and Republicans, but just wait. The big 2012 presidential conventions are only in the planning stages.

## POLL DU JOUR

- c 65 percent of U.S. voters say that American society is generally "fair and decent."
- c 24 percent say society is "unfair and discriminatory."
- c 11 percent are not sure.
- c 42 percent of voters say President [Obama\(/topics/barack-obama/\)](#) sees American society as fair and decent.
- c 42 percent say [Mr. Obama\(/topics/barack-obama/\)](#) views society as unfair and discriminatory.
- c 16 percent are not sure.

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